



***b-directory interview with Rowena Hateley
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What does it mean to be an Intuitive Consultant?

I love what I do. I have created a session that incorporates many aspects and modalities. I have degree's in Nursing/Midwifery and Psychology but love including Nutrition, Astrology, Numerology, Past Life Regression and conduct an energy healing of Reiki in the session as well.

My Intuitive talent is an ability to read a person's energy and connect in with their guidance system. This allows me to work extremely effectively, as it's very individual information given to each person, although of course themes run through out. My sessions are structured to be as holistic as possible with clients observed spiritually, mentally, physically and emotionally to see what may be holding them back or when they trying to create a new direction for them-self.

You were previously a midwife; can you tell me what made you become an Intuitive Consultant?

I also loved Midwifery, but I was becoming very interested in personality typing. That is, I started to notice themes running through clients. If a lady was highly anxious she would often have a predisposition to a certain birth outcome. I wanted to explore more the connection between emotions, life experience and dis-ease. My intuition was getting very strong also and I needed to be able to explore that!

I was also interested in working with women in the field of self-empowerment. I was confused as to why so many talented nurses and midwives were so skilled and yet lacked self-belief, self-worth and constantly doubted their abilities. This was also my learning curve and when I personally went to counselling I found it to be ineffectual as it didn't have a holistic approach nor the energy healing work to correct the imbalance or wounding.

Why did you start the Flourish Centre?

I think lots of practitioners have dreams of being able to create a healing vibe without the heavy masculine medical model we have been bought up in. The Flourish Centre is about reflecting the holistic aspect of women. We like to gather, heal, collaborate, do business, shop, chat and have a cup of tea with like-minded others.

What happens at the Flourish Centre?

Melinda Gates was recently quoted as saying "We are sending our daughters out into a workforce designed for our fathers".

So, we are doing it differently at The Flourish Centre; as everyone has many other roles and hats to wear! We are flexible and for women and very pink!

We have different energy practitioners and empowerment/business coaches who work with flexibility!

I am a strong advocate of energy work, so I also wanted to be able to show case it (we have Reiki, Reflexology, Meditation and a Soul Alignment Practitioner) with different modalities joining us soon. Add in our workshop space to hire, our business meeting and coaching rooms plus two shops and it's starting to reflect the diversity that women themselves display.

What products have you created and why?

As I have mentioned earlier I am very interested in learning and teaching how to help women overcome low self-worth and a lack of self-belief. One of the ways I feel women are coming into their own is through creating their individual self-employment and creative business ventures.

There is a rising feminine energy which is creating a much more balanced aspect to consciousness at this time in the world and women in business is a large driving force in this endeavour! I could talk for hours on this alone!! The feminine business principles of connecting, collaborating and being heart driven rather than being solely profit orientated is enheartening and extremely necessary!

So, I have created The Secret Women's Business Cards and Journal, along with a "Living your Desired Life Goal Setting Book", to help women make business decisions based on principles which have a feminine and masculine balance and utilizes their intuitive wisdom and authentic guidance. I do also have a set of Flourish Cards coming out in February (2018) to assist women on their emotional wellbeing journey, as well.

What message would you like to give to other women in business?

As Matamata Gandhi would say "be the change you want to see in the world." You are a pioneer at this time, make it very clear to yourself what you stand for and role model that to the larger community.

Do it differently! What differently? Everything! Be creative! Have integrity in all that you do! Treat others the way you would like to be treated! Most importantly and firstly, do it for yourself! Your gifts and talents are primarily for your self-empowerment journey, when you get that in line with your heart energy the rest will naturally spread out in to the world. Trying to heal the world without first trying to find or heal yourself is like building a house without a strong foundation.

Be prepared to change! Don't sit doing the same thing and expect a different result. We all know where that leads...

Predominately...do not do it alone. When you have worked out how you want to express yourself entrepreneurially, connect, collaborate, and learn how to ask for help. Next persevere! Think of your emotional limit and then multiple it by 10. You will have to become so much more and be able to handle so much more. Then multiple that by a hundred because you will need to find that place of perseverance hundreds of times!! Learn how to self-promote, while creating face-to face relationships with others. Hiding your light does not serve anyone. So, you can see what the ladies from b-directory have created is vital!

Lastly, set intentions, goal set and use your internal guidance system and intuition and if in doubt ask your Secret Women's Business cards!

Thank-you to Ladies from b-directory for this opportunity to share with you!

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